FORM 4

# **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL

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|------------------------|-----------|
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#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| affirmative defense<br>10b5-1(c). See Ins | e conditions of Rule struction 10. |                |                                                                                     |           |                                                                                 |                       |
|-------------------------------------------|------------------------------------|----------------|-------------------------------------------------------------------------------------|-----------|---------------------------------------------------------------------------------|-----------------------|
| 1. Name and Addres Witherell Jeff         | ss of Reporting Person*            |                | 2. Issuer Name and Ticker or Trading Symbol Plymouth Industrial REIT, Inc. [ PLYM ] |           | tionship of Reporting Perso<br>all applicable)<br>Director                      | on(s) to Issuer       |
| (Last) 20 CUSTOM HO                       | (First) OUSE STREET, 11T           | (Middle)       | 3. Date of Earliest Transaction (Month/Day/Year) 02/14/2024                         | X         | Officer (give title below)                                                      | Other (specify below) |
| (Street) BOSTON (City)                    | MA<br>(State)                      | 02110<br>(Zip) | 4. If Amendment, Date of Original Filed (Month/Day/Year)                            | 6. Indivi | idual or Joint/Group Filing of Form filed by One Report Form filed by More than | orting Person         |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Code (Instr. |   | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) |               |       | 5. Amount of<br>Securities<br>Beneficially Owned<br>Following Reported | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | Beneficial<br>Ownership |
|---------------------------------|--------------------------------------------|-------------------------------------------------------------|--------------|---|-------------------------------------------------------------------|---------------|-------|------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------|
|                                 |                                            |                                                             | Code         | v | Amount                                                            | (A) or<br>(D) | Price | Transaction(s)<br>(Instr. 3 and 4)                                     |                                                                   | (Instr. 4)              |
| Common Stock                    | 02/14/2024                                 |                                                             | A            |   | 39,398                                                            | A             | \$0   | 250,248                                                                | D                                                                 |                         |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | <br>3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) |  | 5. Number of<br>Derivative<br>Securities<br>Acquired (A)<br>or Disposed of<br>(D) (Instr. 3, 4<br>and 5) |   | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |     | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                    | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) |                                     | Ownership<br>Form:<br>Direct (D) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |  |  |
|--------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------|--|----------------------------------------------------------------------------------------------------------|---|----------------------------------------------------------------|-----|--------------------------------------------------------------------------------------------|--------------------|-----------------------------------------------------|-------------------------------------|----------------------------------|--------------------------------------------------------------------|--|--|--|
|                                                  |                                                                       |                                                                 |                                         |  | Code                                                                                                     | v | (A)                                                            | (D) | Date<br>Exercisable                                                                        | Expiration<br>Date | Title                                               | Amount<br>or<br>Number<br>of Shares |                                  | Transaction(s)<br>(Instr. 4)                                       |  |  |  |

Explanation of Responses:

Remarks:

Jeffrey E. Witherell

02/15/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).