UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT
PURSUANT TO SECTION 13 OR 15(d) OF
THE SECURITIES EXCHANGE ACT OF 1934

July 20, 2023
Date of Report (Date of earliest event reported)

PLYMOUTH INDUSTRIAL REIT, INC.

(Exact Name of Registrant as Specified in Its Charter)

MARYLAND (State or Other Jurisdiction of Incorporation) 001-38106 (Commission File Number) 27-5466153 (IRS Employer Identification No.)

20 Custom House Street, 11th Floor Boston, MA 02110 (Address of Principal Executive Offices) (Zip Code)

(617) 340-3814 (Registrant's Telephone Number, Including Area Code)

	ck the appropriate box below if the Form 8-K filing is intended to simultaneral Instruction A.2. below):	neously satisfy the filing obliga	ation of the registrant under any of the following provisions (see	
	Written communications pursuant to Rule 425 under the Securities Act (17	CFR 230.425)		
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)			
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))			
	Pre-commencement communications pursuant to Rule 13e-4(c) under the E	Exchange Act (17 CFR 240.13e	-4(c))	
Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).				
Em	erging growth company \square			
	n emerging growth company, indicate by check mark if the registrant has electron transfer of the Exchange Act.		ransition period for complying with any new or revised financial	
Securities registered pursuant to Section 12(b) of the Act:				
7.:	Title of Each Class Common Stock, par value \$0.01 per share 50% Series A Cumulative Redeemable Preferred Stock, par value \$0.01 per share	Trading Symbol PLYM PLYM-PrA	Name of Each Exchange on Which Registered New York Stock Exchange NYSE American	

Item 5.02 Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers

On July 20, 2023, Plymouth Industrial REIT, Inc. (the "Company") announced that Pendleton P. White, Jr. has retired from his positions as the President and Chief Investment Officer of the Company. Mr. White will remain on the Company's Board of Directors and will continue to advise the Company on its overall corporate strategy and acquisition activities.

Item 7.01 Regulation FD Disclosure

On July 20, 2023, the Company issued a press release announcing Mr. White's retirement from his positions as President and Chief Investment Officer. The text of the press release is included as Exhibit 99.1 to this Current Report on Form 8-K.

The information contained in this Item 7.01 and the exhibit filed herewith are being "furnished" and, as such, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act except as expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits:

Exhibit No. Description

99.1	Plymouth Industrial REIT, Inc. press release dated July 20, 2023
104	Cover Page Interactive Data File - the cover page XBRL tags are embedded within the Inline XBRL document.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

PLYMOUTH INDUSTRIAL REIT, INC.

Date: July 20, 2023 By: /s/ Jeffrey E. Withere

By: /s/ Jeffrey E. Witherell
Jeffrey E. Witherell
Chief Executive Officer



Plymouth Industrial REIT Announces Pen White to Take New Executive Management Role

BOSTON—(July 20, 2023) Plymouth Industrial REIT, Inc. (NYSE: PLYM) announced that Pendleton P. White, Jr., its Co-Founder, has transitioned from his executive role as President and Chief Investment Officer. Mr. White will remain on the Company's board of directors and advise Plymouth on its overall corporate strategy and acquisition activities.

Jeff Witherell, Chief Executive Officer and Co-Founder of Plymouth, noted, "Pen and I have known each other for over 20 years, and we have worked hard to build this company from the ground up into the industrial platform it is today with a deep, experienced team and a strong-performing portfolio. I am pleased Pen will remain on the board of directors to help guide us in our continued growth as well as an ongoing resource to advise on new investments."

About Plymouth

Plymouth Industrial REIT, Inc. (NYSE: PLYM) is a full service, vertically integrated real estate investment company focused on the acquisition, ownership and management of single and multi-tenant industrial properties. Our mission is to provide tenants with cost effective space that is functional, flexible and safe.

Forward-Looking Statements

This press release includes "forward-looking statements" that are made pursuant to the safe harbor provisions of Section 27A of the Securities Act of 1933 and of Section 21E of the Securities Exchange Act of 1934. The forward-looking statements in this release do not constitute guarantees of future performance. Investors are cautioned that statements in this press release, which are not strictly historical statements, including, without limitation, statements regarding management's plans, objectives and strategies, constitute forward-looking statements. Such forward-looking statements are subject to a number of known and unknown risks and uncertainties that could cause actual results to differ materially from those anticipated by the forward-looking statements, many of which may be beyond our control. Forward-looking statements generally can be identified by the use of forward-looking terminology such as "may," "plan," "seek," "will," "expect," "intend," "estimate," "anticipate," "believe" or "continue" or the negative thereof or variations thereon or similar terminology. Any forward-looking information presented herein is made only as of the date of this press release, and we do not undertake any obligation to update or revise any forward-looking information to reflect changes in assumptions, the occurrence of unanticipated events, or otherwise.

###

Contact:

Tripp Sullivan SCR Partners (615) 942-7077 TSullivan@scr-ir.com